

# WALK IN OUR SHOES

Imagine you are a gender that you are not. If you're a boy, what would it be like to be a girl? If you're a trans man, what would it be like to be a drag queen? Then take a moment or two thinking through how these parts of your life might be different.

Let's try a thought experiment!

## Remembering our Dead...

Do you have friends who have died because of their similar genders? Does your new gender put you in a higher risk category for disease, violence, or suicide? Why or why not?

**START!**

**It's A BOY! GIRL!**

**Self-Discovery**

When did you realize your gender? Were there any hurdles to overcome to find yourself?

**Relationships** ♡

is there a reveal to be made to new love interests in your new gender? Does your new gender change your sexuality?

**Doctors**

Do you have to come out to your doctors? Would you need changes to feel comfortable in your body?

**Psychology**

how do you feel in your new gender? How might you process the changes?

**Public Spaces**

Does your new gender affect the way you move through public spaces? Do you feel more or less safe?

**Self-Acceptance**

Do you struggle with internal feelings of worth in this gender?

**Social Acceptance**

How often do you experience harassment, violence, or discrimination based on your new gender?

**Self-Actualization**

What obstacles do you have to overcome to be your truest self in this gender?

**Legal concerns**

Do your legal documents all match? How would you correct them (if needed)?

**FAMILY**

Will your family treat you differently in your new gender? How does it change your relationships?

**Religion**

Can you take on different roles in your spiritual community? Will you feel welcome?

**Jail**

Could your new gender put you in trouble with the authorities where you live?

**Jobs**

Does your different gender open doors for you in employment? Are some jobs now harder to do or to get into as your new gender?

**Assumption Alley**

What might people guess about you based on your gender presentation? Are those correct?

**Coming out**

Do you need to tell folks? How would you do it?

**School**

Which dorms will you stay in? Will you feel comfortable in an all-girls (or boys) school?

A public service from the GENDER book  
 Provided for educational use only, not for resale!  
 More fun materials available at

[www.thegenderbook.com](http://www.thegenderbook.com)