WALK IN OUR SHOES

Imagine you are a gender that you are not. If you’re a boy, what would it be like to be a girl? If you’re a trans man, what would it be like to be a drag queen? Then take a moment or two thinking through how these parts of your life might be different.

Let's try a thought experiment!

Do your legal documents all match? How would you correct them (if needed)?

Will your family treat you differently in your new gender? How does it change your relationships?

Can you take on different roles in your spiritual community? Will you feel welcome?

What might people guess about you based on your gender presentation? Are those correct?

Do you have to come out to your doctors? Would you need changes to feel comfortable in your body?

Do your changes feel in your new gender? How might you process the changes?

Do your new gender affect the way you move through public spaces? Do you feel more or less safe?

Do you struggle with internal feelings of worth in this gender?

How often do you experience harassment, violence, or discrimination based on your new gender?

What obstacles do you have to overcome to be your truest self in this gender?

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