The umbrella term, sometimes abbreviated as trans, describes what these varied identities have in common: some element of crossing over or challenging gender roles, expressions, or expectations.

Transgender

You might be intimidated by all these new words. I know I was. So...why all the labels? I think about that Mark Twain quote, you know, the one that says the difference between the right word and the almost-right word is the difference between lightning and a lightning bug. Fortunately, we don't have to memorize all these terms - there's no quiz! Just remember to approach each new person you meet with a respectful attitude and open heart.

cisgender: individuals whose gender identity usually matches up with the sex assigned to them at birth.

www.thegenderbook.com